

Co-op Academy North Manchester - Year 8 Citizenship & PHSE Curriculum

Y8	HT1	HT2	HT3	HT4	HT5	HT6
Topic(s)	How I view myself	Relationships, sex and choice	Relationships, sex and choices	What is the impact of NGO and Pressure groups, in eradicating current issues?	Were the suffragettes right to use violence?	Do people who break the law deserve a second chance?
Substantive Knowledge (Know That...)	<ul style="list-style-type: none"> • Having a positive body image is important • What influences how individuals see their body image • What a healthy body looks like • What an unhealthy body looks like • How to have a healthy body • There are different eating disorders, including anorexia, bulimia and body dysmorphia • There is a difference between anorexia, bulimia and body dysmorphia • Eating disorders have negative physical effects • Eating disorders can negatively impact lifestyle • Eating disorders can negatively impact friends and family 	<ul style="list-style-type: none"> • That grooming is when a person builds a relationship with a child, young person or an adult who's at risk so they can abuse them and manipulate them into doing things • That grooming is dangerous to the health and wellbeing of young people • There are healthy and unhealthy relationships • What a healthy relationship looks like • What gaslighting is • Where to get help from inside and outside of school • Why people have sex • What safe sex is • What contraception is • There are different methods of contraception • That there are a range of STIs and STDs • Some methods of contraception protect against STIs, STDs and pregnancy, and some only protect from pregnancy 	<ul style="list-style-type: none"> • Abortion is the deliberate termination of a pregnancy before 24 weeks • The law on abortion in the UK is 24 weeks, with exceptions • Different countries have different laws about abortion • Different people have different views on abortion • People who are pro-life are against abortion and the reasons for this • People who are pro-choice are for abortion and the reasons for this • There are positive and negative aspects of parenting • There are 3 options for unplanned pregnancies – abortion, adoption and parenting • There are unique challenges for teen parents, in particular, financial concerns, impact on education and future careers, impact on relationships 	<ul style="list-style-type: none"> • Non-governmental Organisations (NGO) are non-profit organisation that operates independently of any government, typically one whose purpose is to address a social or political issue. • NGOs work to solve social injustice • There are different examples of NGOs and who they help • That social injustice is wrongful actions against individuals within society • There is social injustice in the world and in the UK • Pressure groups are groups that try to influence governments in the interest of a particular cause. • Pressure groups try to influence change on particular issues 	<ul style="list-style-type: none"> • There is a difference between government and parliament • Parliament represents UK citizens in democratic decision making (indirect democracy) • The Bicameral system allows for checks to be made for laws and policies • Parliament represents UK citizens in democratic decision making through the elections of MPs • Indirect democracy is where citizens choose others to represent them, making important decisions on their behalf • Constituents aren't always represented as the MP can vote with their party rather than for their electorate • Citizens play a role in holding the government to account • There are different advocacy methods that 	<ul style="list-style-type: none"> • There are many reasons for crime, including poverty, mental health issues, addiction, lack of education, pressure from others, unemployment and influence of the media • There are five aims of punishment; deterrence, protection, reformation, retribution and reparation. • Some countries have retained the death penalty • The UK has abolished the death penalty • Arguments for and against the death penalty link to human rights • There are different forms of punishment including custodial sentences, community orders, injunctions, curfews, behaviour orders and fines • Corporal punishment is physical punishment and that it is no longer allowed in the UK • Aggravating factors and

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		<ul style="list-style-type: none"> • STIs and STDs have different symptoms • Safe sex is important for good reproductive and sexual health 		<ul style="list-style-type: none"> • Advocacy is defined as any action that speaks in favour of, recommends, argues for a cause, supports or defends, or pleads on behalf of others. • There are different advocacy methods • That modern day slavery is when an individual is exploited by others, for personal or commercial gain. • Human trafficking is the recruitment or movement of people for exploitation by the use of threat, force, fraud, or the abuse of vulnerability. • Modern day slavery has negative effects on people physically and mentally • Modern day slavery takes away a person's human rights • Exploitation is treating someone unfairly in order to benefit from their work • Humanitarian aid is assistance that's used to relieve suffering during emergency situations eg food, water, medicine 	<p>suit different campaigns such as sit ins vs marches</p> <ul style="list-style-type: none"> • Different advocacy methods have different levels of effectiveness • Pressure groups are • Extremism means the quality or state of being extreme • Radicalised means the process through which a person comes to support or be involved in extremist ideologies • The Suffragettes are an example of a pressure group • The Suffragettes may be classed as an extremist group • The Suffragettes may be classed as radicalising others • Terrorism is an action or threat designed to influence the government or intimidate the public • The Terrorism Act is in place to protect the rights of citizens 	<p>mitigating factors influence the sentencing of a person in court</p>
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Disciplinary Knowledge (Know How...)	<ul style="list-style-type: none"> • To recognise a healthy body image • To recognise eating disorders including bulimia, anorexia and body dysmorphia 	<ul style="list-style-type: none"> • To recognise signs of grooming • To advise young people to stay safe and avoid grooming • To advise young people where to get help and support if they are worried about grooming • To recognise signs of healthy and unhealthy relationships • To advise young people where to get help and support if they are worried about an unhealthy relationship • To use contraception effectively • To recognise different symptoms of STIs and STDs 	<ul style="list-style-type: none"> • To advise young people to get help and support if they are worried about unplanned pregnancies 	<ul style="list-style-type: none"> • To explain the impacts of NGOs and pressure groups, both positive and negative, on individuals, groups, nations and globally. • To identify causes and effects of the issues, such as modern-day slavery with comparison of advantages and disadvantages • To analyse the impact of the NGOs, Pressure Groups and citizens advocacy in relation to wider issues 	<ul style="list-style-type: none"> • Citizens can get the government to listen through different advocacy methods • To measure the limitations of a range of advocacy methods and can justify appropriate measures needed to overcome them. 	<ul style="list-style-type: none"> • To evaluate the effectiveness of prisons • To use a source to find 3 similarities and differences between the UK views on the death penalty and a country that still has capital punishment
Key Concepts	Physical health; mental health; relationships and online safety	Physical health; mental health; health prevention and relationships.	Physical health; mental health; health prevention and relationships.	Equality and diversity; democracy and power.	Democracy and power	Law and justice
Assessment	Advice assessment		Written evaluation	Pressure group presentation	Written advocacy task	Source question
Homework	Google quiz and poster competition	Google quiz	Google quiz	Google quiz	Parliament homework	Google quiz
Wider reading	'Little & Lion' - Brandy Colbert	https://www.brook.org.uk/campaigns/checkwithme/first/	Choice by A.J. Walkley	The Hate U Give - Angie Thomas	Top Revision Tips: https://www.bbc.co.uk/bitesize/articles/zw8qpbk	Shatter Me - Tahereh Mafi

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How to help at home	<ul style="list-style-type: none">- Discuss with your child what they have been covering in lessons. Encourage them to explore their own beliefs and knowledge. BBC Bitesize has some excellent resources to help support you and your child. Citizenship - BBC Bitesize- If you require any support with the PSHRE topics covered, there are a wealth of online resources including Childline, CEOP and Kooth, as well as support in school.
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