Y10	HT1	HT2	HT3	HT4	HT5	HT6
Topic(s)	Food related causes of ill health Symptoms and signs of food induced ill health. Preventative control measures of food-induced ill health	Hospitality and catering providers The operation of the front and back of house Working conditions in the hospitality and catering industry	Working conditions in the hospitality and catering industry Contributing factors to the success of hospitality and catering provision	Contributing factors to the success of hospitality and catering provision The operation of the front and back of house Customer requirements in hospitality and catering	Customer requirements in hospitality and catering Hospitality and catering provision to meet customer requirements	Health and safety in hospitality and catering provision Food safety
Substantive Knowledge (Know That)	To know that there are a range of food related causes of ill health. To know that there are a range of Symptoms and signs of food induced ill health. To know that there is Preventative control measures of food-induced ill health.	To know that there is a range of Hospitality and catering providers. To know that there is operational structures to the front and back of house. To know that there are working conditions in the hospitality and catering industry	To know that there are laws om Working conditions in the hospitality and catering industry. To know that there are Contributing factors to the success of hospitality and catering provision.	To know that there are operation procedures for the front and back of house. To know that there are Customer requirements in hospitality and catering. To know that Hospitality and catering provisions are to meet customer requirements.	To know that there is an importance of nutrition. To know that cooking methods can impact on nutritional value. To know that there are factors affecting menu planning.	To know that there are methods when preparing and make dishes. To know that presentation techniques enhance dishes. To know that Food safety practices are vital in the catering industry.
Disciplinary Knowledge (Know How)	To know how to follow the safety rules, to keep themselves and others safe in the kitchen. To know how to use a range of tools and equipment effectively.	To know how to prepare and cook tempered chocolate leaves etc. To know how to prepare and cook Poached Pears with visual appealing presentation skills.	To know how to follow the safety rules, to keep themselves and others safe in the kitchen. To know how to use a range of tools and equipment effectively.	To know how to prepare and cook a flapjack - Healthy option- substituting ingredients. To know how to prepare a sterilised jar for jam making.	To know how to follow the safety rules, to keep themselves and others safe in the kitchen. To know how to use a range of tools and equipment effectively.	To know how to prepare and cook a chicken Kiev (skinning fillet thighs / breast) & veg accompaniment. To know how to prepare and cook lamb koftas, naan and Tzatziki Sauce.

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IJTo know how to follow Basics- Food safety rules.To know how to utilise cooking presentation techniques.To know how to prep for tea cake challenge competition.To know how to develop menu ideas and plans.To know how to develop menu ideas and plans.To know how to develop menu ideas and plans.To know how to use vegetable cuts terminology.To know how to use vegetable cuts terminology.To know how to use garnish to decorate food.To know how to prepare and cook minestrone soup.To know how to prepare and cook chicken goujons and wedges.To know how to prepare and cook Meatballs and pasta and tomato sauce.To know how to prepare and cook a kebab- meat/ fish / vegetable of choice (sauce / bread / potato accompaniment)	 To know how to create and develop the feathering technique. To know how to prepare and cook a Bakewell tart. To know how to prepare and cook Cheesecake & coulis. To know how to use organoleptic descriptions and sensory characteristics in an evaluation. To know how to prepare and cook sugar spun work in developing decorative presentation skills. To know how to prepare and cook Sticky toffee pudding. To know how to prepare and cook Focaccia art and use organoleptic properties to develop an evaluation. To know how to prepare and cook Focaccia art and use organoleptic properties to develop an evaluation. 	To know how to follow Basics- Food safety rules. To know how to prepare and cook homemade pasta shapes / spaghetti - Carbonara. To know how to prepare and cook Lasagne -bechamel sauce. To know how to prepare and cook ravioli and tomato sauce - Filling suitable for vegetarian. To know how to prepare and cook rough puff Pastry. To know how to prepare and cook Sausage Plait- rough puff and potato accompaniment. To know how to prepare and cook Sausage Plait- rough puff and potato accompaniment.	To know how to prepare and cook jam using seasonal fruits. To know how to prepare and cook Victoria sponge and use presentational skills. To know how to prepare and cook Swiss roll and use presentational skills. To know how to prepare and cook Mini pavlova and use presentational skills. To know how to work as a Group developing an afternoon tea (must include a bread product, a savoury pastry product and 2 cake/dessert)	To know how to follow Basics- Food safety rules. To know how to complete HACCP documents. To know how to prepare a Filleted fish and cook a Battered fish. To know how to Spatchcock, debone and fillet a chicken – theory.	To know how to prepare and cook a Burger and bread roll. To know how to prepare and cook Fish cakes and tartar sauce. To know how to prepare and cook Triple cooked chips and mayonnaise. To know how to write a detailed evaluation, using technical terminology and showing an understanding of changes that would improve the product.

Key Concepts	To know that there are a range of food related causes of ill health. To know that there are a range of Symptoms and signs of food induced ill health. To know that there is Preventative control measures of food-induced ill health.	- real TO Hospitality & Catering Cumulationrings both sweet and savoury options.To know that there is a range of Hospitality and catering providers.To know that there is operational structures to the front and back of house.To know that there are working conditions in the hospitality and catering providers.To know that there are operational structures to the front and back of house.To know that there are working conditions in the hospitality and catering industry.To know that there are working conditions in the hospitality and catering industry.To know that there are working conditions in the hospitality and catering industry.To know that there are working conditions in the hospitality and catering industry.To know that there are working conditions in the hospitality and catering industry.To know that there are working conditions in the hospitality and catering industry.To know that there are 	To know that there are laws om Working conditions in the hospitality and catering	To know that there are Customer requirements in hospitality and catering. To know that Hospitality	To know that there is an importance of nutrition. To know that cooking methods can impact on nutritional value.	To know that there are methods when preparing and make dishes. To know that
			and catering provisions are to meet customer requirements.	To know that there are factors affecting menu planning.	presentation techniques enhance dishes. To know that Food safety practices are vital in the catering industry.	
Assessment	Longer answer exam questions Practical assessment	Longer answer exam questions Practical assessment	Longer answer exam questions Practical assessment	Longer answer exam questions Practical assessment	Longer answer exam questions Practical assessment	Longer answer exam questions Practical assessment
Homework	 Quiz - Food safety Quiz - Vegetable cuts Evaluation Accompaniment research Plating up ideas research - for practical lesson Quiz- Food safety Quiz - WHO Role 	 Quiz - types of providers Cheesecake coulis presentation ideas research Quiz - food service Research Focaccia art design ideas for a xmas theme for practical lesson 	 Quiz - job roles Research vegetarian pasta filling ideas potatoes Sides research rough puff Quiz - Equipment Evaluation Healthy eating - Flapjack 	 Cake making methods Evaluation quiz- qualifications Research Suitable afternoon tea requirements/ recipes/ presentation ideas) Quiz- documentation 	 Quiz- factors affecting business QUIZ spatchcock /deboning chicken Quiz - customer requirements Quiz – HACCP regulations / Risk assessments quiz 	 Revision Revision Revision Burger Research ideas- for a family event Quiz - revision

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		 Research- savour / sweet choux pastry ingredients Quiz- standards and ratings 	development - Sugar / fat / Fibre • quiz- job roles / skills			
Wider reading	Teens Cook: How to Cook What You Want to Eat - by Megan Carle ISBN-10 : 1580085849	Chew on This: Everything You Don't Want to Know About Fast Food - by Eric Schlosser ISBN-10 : 0141318449	The Healthy Teen Cookbook: Around the World in 80 Fantastic Recipes by Remmi Smith	The Teen Kitchen: Recipes We Love to Cook by Emily Allen ISBN-10 : 0399581871	Chew on This: Everything You Don't Want to Know About Fast Food - by Eric Schlosser ISBN-10 : 0141318449	The Cookbook for Teens: How to Cook Easy Recipes. 75 Fun & Delicious Recipes for Teenagers. by Julia Peters (Author) ISBN-13 : 979-8676741327
How to help at home	https://resource.download.wjec.co.uk/vtc/2021-22/el21-22_14-18c/wjec/1-1-1_standards-and-ratings.pdf					