

# Lunch Menu

WEEK ONE - AUTUMN WINTER

(V) vegetarian option

(Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Vegetable & Mixed Bean Pasta Bake 	Chilli Con Carne & Fiesta Rice  Lamb Chilli Con Carne & Fiesta Rice (H) 	Grilled Chicken Sausages, Gravy & Roasties or Mash (H) 	Chicken Korma Curry Steamed Mixed Rice 	Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips 
Italian Vegetable & Giant Couscous Stew, Garlic Crostini (Ve) 	Chilli Sin Carne & Fiesta Rice (Ve) 	Roast Quorn, Gravy & Roasties 	Roasted Coriander Sweet Potato, Sri Lankan Dahl & Steamed Mixed Rice 	Cheese & Tomato Pizza & Wedges/Chips 
Vegan Sausage Roll (Ve) 	Cheesy Meatball Arrabbiata Toasted Baguette 	Brunch Pot 	Crispy Pork or Beef Soft Taco 	Pepperoni Pizza & Wedges/Chips 
Tomato & Basil Pasta 	Sweet Chilli Chicken Pasta 	Chicken Tikka & Steamed Rice 	Sweet & Sour Chicken Noodles 	Pasta Arrabbiata 
	Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka 
Baked Beans  Broccoli  Mixed Salad	Baked Beans  Fajita Roasted Sweetcorn & Peppers  Mixed Salad	Baked Beans  Mixed Vegetables  Mixed Salad	Baked Beans  Garden Salad Sri Lankan Vegetable Salad Wedges	Baked Beans  Peas  Mixed Salad
Vanilla & Cherry Cookie Cup	Jam Bun	Ginger Cake & Custard 	Giant Chocolate Cookie 	Apple Crumble & Custard 

# Lunch Menu

STAR DISH

MEAT FREE

GRAB & GO

POT 'N' TASTY

WRAP OR SUB

SIDES

TODAY'S DESSERTS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Mac 'n' Cheese (V) 	Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa  Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (H) 	Roast Chicken, Crispy Roasties & Gravy  Roast Pork, Crispy Roasties & Gravy  Grilled Chicken Sausages, Gravy & Roasties or Mash(H) 	Thai Yellow Chicken & Vegetable Curry Mixed Rice  Thai Yellow Chicken & Vegetable Curry Mixed Rice (H) 	Sustainably Sourced Battered Fish & Chips  Oven Baked Chicken Nuggets & Chips  Jacket Potato & Salmon Mayo 
Buffalo Burrito (Ve) 	Smoky Quorn Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (V) 	Roasted Cauliflower Cheese Tart, Crispy Roasties & Gravy 	Thai Yellow Vegetable Curry Mixed Rice (Ve) 	Cheese & Tomato Pizza & Wedges/Chips (V) 
Dirty Quorn & Cheesy Bean Burger (V) 	Fish Finger Bap & Mayo or Ketchup 	BBQ Chicken Snack Wrap 	Veggie Breakfast Frittata (V) 	Pepperoni Pizza & Wedges/Chips 
Vegetable Tikka & Mixed Rice 	Beef Bolognese Pasta Pot 	Chicken Jalfrezi & Steamed Rice 	Veggie Pasta Pot 	Tomato & Basil Pasta 
	Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka 
Baked Beans  Garlic Bread Green Beans Garden Salad	Baked Beans  Fajita Roasted Sweetcorn & Peppers  Garden Salad	Baked Beans  Seasonal Mixed Vegetables  Garden Salad	Baked Beans  Asian Slaw, Garlic Green Beans  Garden Salad	Baked Beans  Peas  Garden Salad
Lemon & Blueberry Slice & Custard 	Baked Chocolate Cup	Baked Vanilla Sponge & Custard 	Cornflake Cake	Giant Chocolate Cookie

# Lunch Menu

## WEEK THREE – AUTUMN WINTER

(V) vegetarian option

(Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Spanish Omelette & Pepper & Tomato Sauce &  Garlic Bread (V)	 Chicken & Vegetable Enchilada, Savoury Rice (H)	 Cottage Pie Shepherd's Pie & Gravy (H)	 Chicken & Vegetable Korma, Gunpowder Potatoes	 Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips
Veggie Bolognese Pasta Bake (V) 	Mexican Vegetable Stew & Baked Tortilla (Ve) 	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V) 	Roasted Cauliflower & Sweet Potato Curry, Gunpowder Potatoes (Ve) 	Cheese & Tomato Pizza & Wedges/Chips (V) 
Vegetable Cheeseburger (V) 	Panini of the Day Pepperoni or Cheesy Bean (V) Pizza Topped Baguette Pepperoni or Margherita (V) 	Halal Chicken Sausage Roll 	BBQ Veggie Melt (V) 	Pepperoni Pizza & Wedges/Chips 
Vegetable Tikka Masala & Rice 	Tomato & Basil Pasta Pot 	Sweet & Sour Chicken Noodles 	Pesto Pasta Pot 	Beef Bolognese Pasta Pot 
Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka 	
Baked Beans  Garlic Green Beans  Garlic Bread, Garden Salad 	Baked Beans  Roasted Sweetcorn Wedges, Garden Salad 	Seasonal Mixed Vegetables  Garden Salad 	Baked Beans  Steamed Broccoli  Peas  Mixed Salad 	
Flapjack 	Marble Chocolate Sponge & Custard 	Jammie Cookie Cup 	Iced Orange & Ginger Traybake 	Homemade Lemon Drizzle Cake 