Co-op Academy North Manchester - Year 11 Health and Social Care Curriculum

| Y11 | HT1 | HT2 | HT3 | HT4 | HT5 | HT6 |
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| Topic(s) | AO1 Demonstrate knowledge and understanding of factors that affect health and wellbeing AO2 Interpret health indicators | AO4 Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans AO3 Design a person-centred health and wellbeing improvement plan | Revise and prepare for the completion of the external assessment to be done 30th January 2022. | B2 Reviewing own application of care values | | |
| Substantive Knowledge (Know That) | Learners will explore how factors can affect an individual's health and wellbeing positively or negatively. This links to, and extends, knowledge and understanding of life events covered in Component 1, but here the focus is on health and wellbeing. Learners will interpret indicators that can be used to measure physiological health, interpreting data using published guidance. | Learners will explore the features of health and wellbeing improvement plans. It links to, and consolidates, knowledge and understanding from Component 2, in particular support services and also care values in terms of the need for a person-centred approach. | This external component builds on knowledge, understanding and skills acquired and developed in Components 1 and 2. Learners will be given a case study and will assess an individual's health and wellbeing, drawing on their understanding of life events from Component 1. They will design a health and wellbeing improvement plan that draws on their knowledge of services and care values from Component 2. | Learners will reflect on their own application of care values, including using teacher or service-user feedback. | | |
| Disciplinary Knowledge (Know How) | Learners demonstrate a high level of knowledge and understanding of factors that affect health and wellbeing. They explain clearly how different factors have positive and negative | Learners design a health and wellbeing improvement plan that clearly describes recommendations, with specific and realistic short- and long-term targets, and sources of | To apply learning to structure answers to meet the criteria of the questions in the exam. | Demonstrate the care values independently in a health or social care context, making justified and appropriate recommendations for improvements of own application of the care | | |

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| | impacts on health and wellbeing, including the impact of a specific life event on wellbeing. They demonstrate a high level of ability to interpret lifestyle and physiological data to explain clearly, and in detail, factors that could potentially affect an individual's current and future physical health. | support that are linked to the targets. They provide a clear and convincing justification for the plan in terms of how it links to needs, wishes and circumstances of the individual. They clearly describe potential obstacles that might arise in keeping to the plan and make realistic suggestions for how these might be overcome. | | values that incorporate feedback. | | | |
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| Assessment | Mock Section A | Mock Section B | Mock Exam | Role Play | | | |
| Homework | E-Revision | E-Revision | E-Revision | Care Values Homework | | | |
| Wider reading | The Fault in Our Stars | This is Going to Hurt: Secret Diaries of a Junior Doctor | | <u>One Flew Over the</u> <u>Cuckoo's Nest (novel)</u> | | | |
| How to help at home | Encourage Revision; assist with recall and repetition, time assessment work Watch programmes where learners can observe the care values in practice. | | | | | | |