

# Year 7 and 8: 'Who am I?'

## Curriculum

Year 7 and 8 Pupils take part in a programme to help them understand their key strengths and skills. They will develop these skills to help them in their future careers.

Pupils can identify a variety of jobs and work styles. This includes looking at job descriptions, monthly income, working hours and holidays. They will also see what skills, education and experience are needed.

During Form Time, Pupils will be encouraged to think about attributes and how these link to different careers.

They will look at the 5Rs of life:

Resilient | Resourceful | Reflective | Responsible | Respectful